

## BEWARE THE IDES OF MARCH

Rich booked an ep of Animal Kingdom

Marc  
Collateral  
1st time

Recall:

Connected to myself, affected by Craig, environment, words were my own, circumstances were moving through me.

Critique:

Great work. Really beautiful. Continue to open up circumstances. The place I think you can go to in an even more personal way is everything you haven't done. You let time go. All of the missed opportunities because he's rubbing your nose in this right now. He's right about what he says. You never jumped. Leap of faith. (He stuck up for me, talked about the girl with me. This weird relationship) Things that appeal to you. Things you've let go.

Craig  
Collateral  
1st time

Recall:

Connected by Marc, affected by him, words totally my own. The challenge for me in the next couple of times is playing with the yin and yang, how does an empathetic Pices all that off to become a psychopath. (How do you know he's a psychopath) They talk about it. The ability to kill without an emotional response. They can't hold down structure. It's not a black and white. (insert horrible story about Ohio guy who kidnapped those women and raped them) (i'm not suggesting he's a pillar of mental health. You react very strongly to him calling you out) A lot of these guys grow up with abuse, they're almost on the spectrum, they know how to fake emotions. (you can be someone without the gene to have empathy, you could have no empathy and never been beaten a day in your life. Or you can have it beaten out of you. But you can develop empathy. There's such a huge scale in psychopath and what they're able to feel, at the end of the day they have a problem making extreme diagnosis in things that don't fit. Lot of variation possible. This is where you can find possibilities). What i have worked on is they feel a lot of rage. This guy knows he's fucked up. So i think when Max calls him out, he knows that Max knows. Max hits his button. (I love the work you're doing on this)

Critique:

There are components of this that I kind of...the reason I was asking so much about the psychopath component is that you brought humanity to the guy. It was unsettling for you when

he called you out, he got to you. It was beautiful, layered and complicated. Didn't feel like you reached. I just don't want you to reach. The way you're talking about it makes sense to me. How many men over the course of history have killed 50+ people and raped and pillaged. We do some fucked up things with whatever justifications. We can dehumanize. Are there times when you can't sleep? I'm saying I don't know. (the things that keep him up at night is the relationship he'll never have, the friendships he'll never have) I think Max is the closest anyone's been to you in a while. (Yeah he asks if he's collateral and I say maybe) I love the humanity that's there, I love what's there.

Leah

American Son (part 1)

2nd time

Recall:

Really felt connected to Rich, he makes it so easy. Connected to the story. Givens felt alive. Words felt like my own for sure. Place was definitely there. It just felt there.

Critique:

How's exploration going? How much are you doing? (honestly i have a lot of resistance towards it, I don't want to live in this world) I don't feel like I don't have to do much because it wrecks me every time I drop in. (maybe I'll do it once) I want three times the week before with a good exit strategy for yourself. This isn't just for the scene. (more for the ext strategy) Why might that be so valuable to you. When you know how to get out of it, you can go deeper in it and it doesn't fuck up the rest of your day. The scene is a tool. Every scene is a tool, it's how the scene effects you in the long game. It doesn't matter if the scene goes well. The only thing it does is how it serves outside with auditions and jobs, having those skills readily available to us. You could get something tomorrow. That's why we stay sharp. (what made you ask about my exploration?) You can drop in but I know you. THis is why you hired me. You're certainly alive but I just know you. It'll just complicate things a little bit more. The work is solid, it's not about that. Asking to keep digging doesn't mean you're doing anything wrong. It's a good experience. Fertile ground. (is it showing up flat) No, I see openings. Not flat at all, I still see more for you. Therefore I'm sticking to my perceptions.

Rich

American Son (part 1)

2nd time

Recall:

Connected to myself for 75% of it, last quarter started to get in my head. Affected by Leah the entire time, found myself towards that last part feeling like Okay I feel outside myself. Something in me being muted. Don't know if I was softening up to her or what, wasn't as invested. Felt the steam come out of my engine. (during the Emily Dickinson?) Yeah started thinking about what was happening instead of living. Tried not to force it. Words my own, location was fine. FElt like I

had a strong launch when we came back, felt like a balloon running out of air. But maybe that's the scene.

Critique:

So you were in your head about what? ( we went up on a line about  $\frac{3}{4}$  into the scene, popped out for a second, then I was there looking at myself telling myself not to push. Didn't feel like i was living it in the first half. Usually when I'm working it almost feels like tunnel vision connected) Is this guy a racist? (yeah, he's got bias) Is having bias and a racist the same thing. (I think he's racist not like KKK but yeah he's got some racist thoughts) Is he aware? But he thinks he's better. Than black people?(better than her specifically) what makes him better? (she doesn't even know her own kid or is in denial about who he is) She proved herself inferior? (yeah she's wasting my time.) FBI...in the text? At the top of the scene how long have you been dealing with this woman? (about 30 minutes spent on the car) So you haven't dealt very much with her. You're doing her a favor by looking at all. So in your mind she should be grateful, now the next guy can take over. What does it take to get into the FBI? (bright, test into it, spend some time in the police force to qualify so that's why I'm here) What does it mean to be successful in your job where you are on the force? Stay in line. Follow every rule to the T. I want you to bring one more thing. The awareness that your hands are tied. Because of the rules. YOu end up breaking the rules.You at least break protocol. Previously you were not willing to do that. I agree that you put this woman in a box quickly, I agree that there is total bias. Due to her race. I totally agree with that and that he's really unaware of it. THE only difference in what I'm asking you to do is I'm wanting the rules to be something that you're tied to. That you don't necessarily like. ALlow for a little bit more empathy. She's in pain. This is a woman who is freaking out, who never goes to the police. So I do want there to be that humanity there. You do open to her at the end of the scene and right now that opening is almost impossible which is why you're having the disconnect. She goes from someone whos' complaining to someone who is a person. She humanizes this a little bit for you. Trying to create an opening where that's possible for you. Right now the bias is so strong. (The note was add more bias so I went a little heavy I think) Look she does a good job. She starts talking about her kid as a kid. (and I have two kids myself) I think that'll do wonders for you. The rules rules rules. If ther rules weren't there you'd do more.

Megan  
Young Adult  
3rd time

Recall:

Connected to myself, affected by him...I noticed a certain thing that goes up sometimes with him (like a wall or veil) Like when I see homeless people on the corner when I get off the freeway. (where did it happen) When he talks about his broken body. I don't know that it's always there. I didn't let it bother me, just went with it. Givens are alive. Had so much more enjoyment playing in this. I wonder if i bring the circumstances here, I think I do. The words are mine. (the work on this ex you're trying to snag?) He's the furthest from me. He's like an idea to me.

Critique;

The ex. Having a hard time believing in myself (yeah even when I explore it...I have so many judgement voices in this, once I hit a judgement voice it's like Fuck you, you don't even know what I've been through.) I think we have to surrender. You want someone who's married. He's about to have his first child. You want him more than anything else. So the judgements you have from this have to be your judgements. You're gonna do it anyway, the pull to him is that strong. Everything has been about the stories the job and you WANT this. He is the one. And maybe this means you're a terrible person and maybe you are and I want him anyway. You have a voice, a conscience, you just do fucked up things right now anyway. That voice in your head is part of your suffering, your experience of life. The more you listen to that voice the more at peace we are. You are not at peace. Your morals and the people you play who don't share them. (I always feel like I'm doing math) Right and you don't give in to the surrender. It's just you. It's harder to live with but it's easier to do. You're a really fucking good person. You're always working on yourself and for your family. AND you're also really hard on yourself. And it can be hard to live with you. This girl's reality is no different and she's making more fucked up choices than you. You've been raising your bar for years. (like you said, carving that marble, finding myself in it) I understand more of her paradigm in you right now because you're more accepting of this given.

Curtiss

Young Adult

3rd time

Recall:

That was a little in and out for me. Some points where I just up in my head. (about?) there's something in there that I'm struggling with and I don't quite know what it is. The sense of play in rehearsals doesn't follow me here. (That sense of fun you have in rehearsals on zoom...you talk for a few minutes first? Do you give yourself a moment before or do you run the lines before you get going? How do you start?) We just jumped into it last time. Started getting fun about halfway through the first one. (you guys didn't start off prepping like you do here) No not like the breakout room but we always give ourselves 30 seconds to a minute to arrive. We check in with each other. (how much do you chat between runs?) minimal. (how were you out?) Just had the thought that Is Stuart gonna stop this? Just a little bit of a struggle, threw it were I was just aware of it and tried to put it back on that I called her a slut, felt like an intellectual exercise. Exploration could be more fluid. Exploring everywhere. Sometimes sitting, walking (are you walking with your crutch?) sometimes yeah. (notice a difference when you explore and have that body really dialed in?) a little one. It can get messier without the body. (we want that mess with the body. Only doing body work when standing up?) majority. Getting out of bed. (sitting down?) yeah tried to do computer shit. (if you sit, like I have to have my foot facing a certain direction because it won't bend...let yourself find where that lives) (If you were to move forward, I'd want the lower half of your body engaged and bring in a belief, something to link these defects, this beating, trauma...linking the lower body and the mind together.

Critique:

The weakness of your knees and legs. How frail you are. YOU see guys being robust and how frail you are. Your life has been reduced, and your thinking your moving everything comes from there. Let that part of your body be your center. It's almost as though you're moving from that. I'd like to put the scene down for a bit and come back to it again. Spend time with the body. Los some of the associations and come at it again.